

## BIRD PERCH

### Abstract of the Disclosure

The bird perch is to be worn about a person's upper arm and includes a generally curved, rigid band, a strap that releasably secures the band to the person's upper arm, and a wooden perch that extends generally horizontally outwardly from the band. The band fits onto the person's upper arm and includes an outer layer of rigid material and an inner layer of foam material that contacts the person's upper arm.